



Calling all scientists, mathematicians, and engineers!

IMSA Fusion is awesome, and you should join us!

What? This fall's module is *MARS: Manifest Destiny*. Students will consider the challenge of planning a permanent, sustainable colony on Mars. We will explore gravity and orbital mechanics, the environmental conditions on Mars, and spaceflight hardware currently in development.

Who? Any D105 6th, 7th or 8th grader who...

- loves to investigate, explore and create solutions
- is very interested in hands-on designing of systems
- can cooperate well with a team, and
- will be committed to coming to meetings (your team will be relying on you!)

When? Tuesdays after school, 3:30 to 5:30 PM, September 25th through January 22nd

Where? Gurrie Middle School

- We will have a bus from the elementary schools to Gurrie after school.
- A bus will be available to bring you back to your home afterwards, if needed... see commitment form for details.

How? Do TWO things so we know you are interested and committed

- 1) Fill out the commitment form attached to this letter. Return it to your classroom teacher, or email it to mkowynia@d105.net.
- 2) Tell us why you want to be a part of this IMSA Fusion program. You can explain your reasons and show us your excitement in any of the following ways:
 - write a letter or essay
 - make a video or slide presentation
 - create a poster

Give whatever you make to your classroom teacher or email it to mkowynia@d105.net

We need both the commitment form and your "Why I want to be in Fusion" piece **on or before Friday, September 7, 2018.**

*If we receive more applications than we have spots available, we will use a lottery drawing at each school to try to best represent our entire district in this program.



Commitment of Full Participation in District 105 FUSION Agreement



School District 105
Countryside • Hodgkins • La Grange
701 S. Seventh Ave.
La Grange IL 60525

Please turn in this form in hard copy to your school office Attn: Mrs. Kowynia, or scan or clearly photograph this completed form and send it electronically to mkowynia@d105.net. Applications are due no later than Friday, September 7, 2018.

*I agree to commit, void of extreme and unexpected circumstances, to full attendance of the Fusion program and, therefore, will be absent **no more than two class meetings** throughout this module September 25th to January 22nd. My parent(s) will support me in honoring this participation commitment.*

Student Name _____
(Please print) School 2018-19 Grade Level

Student Signature _____ Date _____

Parent Signature _____ Date _____

Best parent phone number for after-school contact: _____

Parent email address: _____

Home Address _____

Please check the one that applies:

- ☐ I give permission for my child to take the bus home at the end of each session
- ☐ I give permission for my child to walk home at the end of each session
- ☐ I will pick up my child at the end of each session

Please indicate any information we may need know to best care for your child (allergies, medical needs, language translation, etc.)

Should you have any questions please contact your coaches: Mrs. Kowynia mkowynia@d105.net, Mr. Eigel meigel@d105.net, or Mr. Sullivan jsullivan@d105.net. We look forward to seeing your application!

Por favor ten en cuenta: Un segundo módulo de Fusion se ofrecerá en la segunda mitad del año; busca la información para aplicar más adelante en este escolar. El curso es Luchando el Fuego con STEM. Estupendo!

¡Llamado a todos los científicos, matemáticos e ingenieros! Fusión IMSA es increíble, ¡y deberías unirtenos!

¿Qué? El módulo de otoño es MARTE: *Destino Manifiesto*. Los estudiantes considerarán el desafío de idear una colonia permanente y sostenible en Marte. Exploraremos la mecánica orbital y la gravedad, las condiciones ambientales en Marte y los equipos (hardware) de vuelos espaciales actualmente en desarrollo.

¿Quién? Cualquier estudiante de los grados 6º, 7º u 8º del D105 que...

- Le encante investigar, explorar y crear soluciones.
- Esté muy interesado en el diseño práctico de sistemas,
- Coopere bien con un equipo, y
- Se comprometa a asistir a las reuniones (¡tu equipo dependerá de ti!)

¿Cuándo? Los martes después de clases, de 3:30 a 5:30 PM, del 25 de septiembre al 22 de enero

¿Dónde? En la Escuela Intermedia Gurrie

- Tendremos un bus desde las escuelas elementales hasta Gurrie después de clases.
- Un autobús estará disponible para llevarte de regreso a tu casa, si es necesario... ver el formulario de compromiso para más detalles.

¿Cómo? Haz **DOS** cosas para dejarnos saber que estás interesado y comprometido

- 3) Completa el formulario de compromiso adjunto a esta carta. Devuélvelo a la maestra de tu clase o envíalo por correo electrónico mkowynia@d105.net.
- 4) Cuéntanos por qué quieres ser parte del programa Fusión IMSA. Puedes explicar tus razones y mostrarnos tu entusiasmo en alguna de las siguientes maneras:
 - Escribe una carta o ensayo
 - Haz un video o una presentación de diapositivas
 - Crea un póster

Entrega lo que hagas a la maestra de tu clase o envíalo por correo electrónico a mkowynia@d105.net.

Necesitamos el **formulario de compromiso y tu parte** "Por qué quiero estar en Fusión del Cambio Climático" a más tardar el **viernes 7 de septiembre del 2018**.

* Si recibimos más solicitudes de los lugares disponibles, haremos un sorteo en cada escuela para intentar representar mejor a todo nuestro distrito en este programa.



Compromiso de Participación Total al Acuerdo de FUSIÓN del Distrito 105

Por favor entrega este formulario a la oficina de tu escuela Atención: Sra. Kowynia, o puedes escanear o enviar electrónicamente una fotografía clara de este formulario completo a mkowynia@d105.net. Las solicitudes deben entregarse a más tardar el viernes 7 de septiembre del 2018.

Acepto comprometerme, salvo circunstancias extremas e inesperadas, a la asistencia completa al programa Fusión y, por lo tanto, no faltaré a más de dos reuniones de clase a lo largo de este módulo desde el 25 de septiembre hasta el 22 de enero. Mis padres me ayudarán a cumplir con este compromiso de participación.

Nombre del Estudiante _____

(Letra imprenta por favor)

Escuela

Nivel Grado 2018-19

Firma Estudiante _____ Fecha _____

Firma del Padre _____ Fecha _____

Mejor número telefónico para contactar al padre después de clases: _____

Correo electrónico del padre: _____

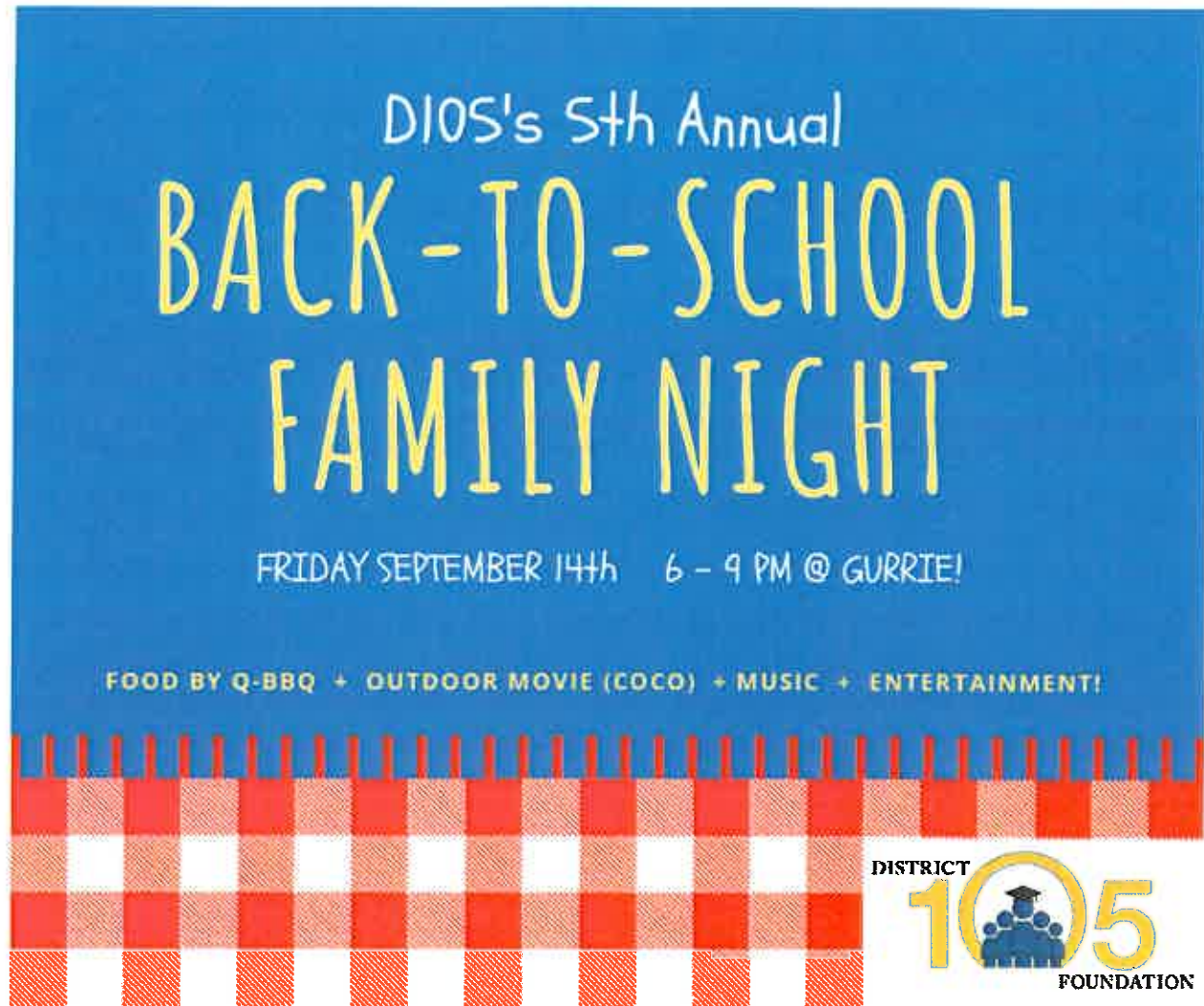
Dirección de la casa: _____

Por favor marque la que aplique:

- ☐ Doy permiso para que mi hijo tome el autobús a casa al final de cada sesión
- ☐ Doy permiso para que mi hijo camine a casa al final de cada sesión
- ☐ Yo recogeré a mi hijo al final de cada sesión

Por favor indique cualquier información que pudiésemos necesitar para cuidar mejor a su hijo (alergias, necesidades médicas, traducción de idiomas, etc.)

Si tienen alguna pregunta, por favor comunicarse con los entrenadores: Sra. Kowynia mkowynia@d105.net, Sr. Eigel meigel@d105.net, o Sr. Sullivan jsullivan@d105.net.



Welcome back to school D105 students & families! This time of year also brings us another **Back-to-School Family Celebration Night** in D105! This is our fifth year of celebrating our wonderful school district community and kicking off another amazing school year together. Please come join us on the evening of Friday, September 14th, from 6-9pm, as our District 105 Foundation presents a fun-filled night for all of our families. This year we will once again have great music, magic and balloons, delicious **QBBQ** food, and an **OUTDOOR** movie - **Coco**! (Weather permitting, of course.) This year's event will take place at Gurrie Middle School.

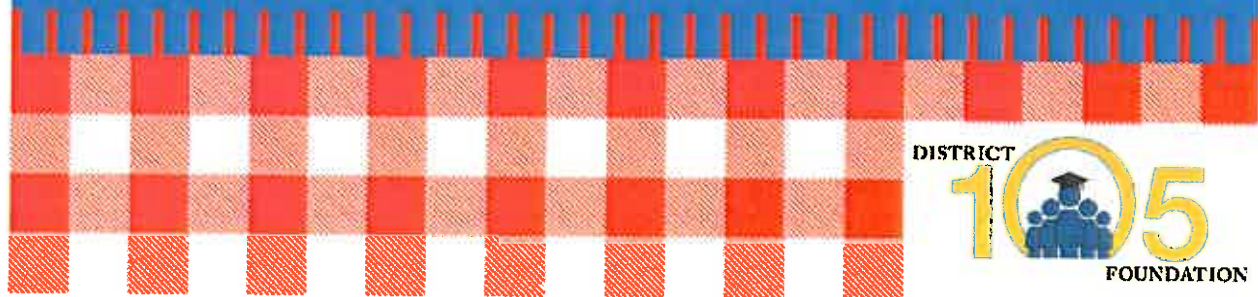
Q BBQ in La Grange will again be providing meals at a cost of \$6.00 per person. The Foundation will provide water, District guidelines prohibit any alcoholic beverages at this event.

We will be showing the movie outside and families are encouraged to bring chairs and blankets. In case of rain, we will move the movie into the large gym.

D105's 5th Annual
**BACK-TO-SCHOOL
FAMILY NIGHT**

FRIDAY SEPTEMBER 14th 6 - 9 PM @ GURRIE!

FOOD BY Q-BBQ + OUTDOOR MOVIE (COCO) + MUSIC + ENTERTAINMENT!



¡Bienvenidos de regreso a la escuela todos los estudiantes y las familias del Distrito 105! ¡Esta parte del año también nos trae otra **Noche de Celebración en Familia el -Regreso-a-la-Escuela** en el D105! Este es nuestro quinto año celebrando nuestra maravillosa comunidad del distrito escolar 105 y darle juntos la bienvenida a otro año escolar increíble. Por favor vengan y acompáñenos el viernes, 14 de septiembre, de las 6 a las 9 pm. La Fundación del Distrito 105 proveerá una noche muy divertida para todas nuestras familias. Este año tendremos una vez más, música muy buena, magia y globos, comida deliciosa de **QBBQ**, y una película AFUERA -presentaremos **Coco**! (si el clima lo permite, por supuesto). Este evento será en la Escuela Gurrie.

Q BBQ en La Grange proveerá una vez más la comida a un costo de \$6.00 por persona. La Fundación proveerá agua. Las reglas del Distrito prohíben cualquier bebida alcohólica en este evento.

Vamos a mostrar la película afuera y animamos a las familias a traer sillas y cobijas. En caso de lluvia, vamos a mover la película al gimnasio grande.

MUSIC MATTERS

LaGrange School District 105 Music Department Newsletter For the week of September 10 - 14

NEWS/REHEARSALS THIS WEEK

BAND

Monday: Rehearsal: Concert Band 7:20 am
Tuesday: Rehearsal: Symphonic Band 7:20 am;
Lessons: Hodgkins/7th Ave./Gurrie
Wednesday: Rehearsal: Concert Band 7:20 am;
Lessons: Spring
Thursday: Rehearsal: Symphonic Band 7:20 am;
Lessons: Spring/Gurrie.
Friday: Rehearsal: Concert Band 7:20 am; Lessons:
Ideal/7th Ave.

CHOIR

Monday: No Lessons or Rehearsals
Tuesday: No Lessons or Rehearsals
Wednesday: No Lessons or Rehearsals
Thursday: No Lessons or Rehearsals
Friday: No Lessons or Rehearsals

ORCHESTRA

Monday: Rehearsal: Philharmonic 7:20 am
Tuesday: Rehearsal: Chamber 7:20 am; Lessons: Spring
Wednesday: Rehearsal: Symphony 7:20 am; Lessons:
Ideal
Thursday: Rehearsal: Chamber 7:20 am; Lessons: 7th
Ave./Hodgkins
Friday: Rehearsal: Symphony 7:20 am; Lessons: Gurrie

Buses

We are trying something new with the buses for morning rehearsals this year! In order to start the routes later, we will be reducing the number of stops. If you have any questions or concerns about the morning buses, please reach out to Mr. Schwartz at tschwartz@d105.net or 708-482-2720 ext. 1235

Forms for the district uniform policy, as well as the dues and fees for all performing ensembles have been distributed to students this past week. Please make sure to turn these in to the front office of your student's school as soon as possible. Thank you!

Dates to Remember

- 9/29 - IMEA Auditions
- 10/5 - LTHS Junior High Marching Band Night!

Uniforms, Dues and Fees

NOTICIAS MUSICALES

Boletín del Departamento de Música del Distrito Escolar 105 LaGrange

NOTICIAS/ENSAYOS ESTA SEMANA

BANDA

Lunes: Ensayo: Banda de Conciertos 7:20 am
Martes: Ensayo: Banda Sinfónica 7:20 am; Lecciones: Hodgkins/7th Ave./Gurrie
Miércoles: Ensayo: Banda de Conciertos 7:20 am; Lecciones: Spring
Jueves: Ensayo: Banda Sinfónica 7:20 am; Lecciones: Spring/Gurrie.
Viernes: Ensayo: Banda de Conciertos 7:20 am; Lecciones: Ideal/7th Ave.

CORO

Lunes: No hay lecciones o Ensayos
Martes: No hay lecciones o Ensayos
Miércoles: No hay lecciones o Ensayos
Jueves: No hay lecciones o Ensayos
Viernes: No hay lecciones o Ensayos

ORQUESTA

Lunes: Ensayo: Filarmónica 7:20 am
Martes: Ensayo: Cámara 7:20 am; Lecciones: Spring
Miércoles: Ensayo: Sinfónica 7:20 am; Lecciones: Ideal
Jueves: Ensayo: Cámara 7:20 am; Lecciones: 7th Ave./Hodgkins
Viernes: Ensayo: Sinfónica 7:20 am; Lecciones: Gurrie

Camiones

¡Estamos tratando de hacer algo nuevo con los camiones para los ensayos de la mañana este año! Para empezar las rutas más tarde, reduciremos el número de paradas. Si usted tiene cualquier pregunta o preocupación sobre los camiones en la mañana, favor contactar al Sr. Schwartz en tschwartz@d105.net o 708-482-2720 ext. 1235

Uniformes, Costo y Tasas

Formas para la política de uniformes del Distrito, como también los costos y tasas para todos los conjuntos ejecutantes han sido distribuidas a los estudiantes la semana pasada. Favor asegurarse de devolverlas a la oficina frontal de la escuela de su estudiante tan pronto como le sea posible. ¡Gracias!

Fechas para Recordar

- 9/29 - Audiciones IMEA
- 10/5 – Noche de la Banda de Marcha del LTHS Junior High!

Fortnightly Dance Program: 2018-19

Class size is limited
so don't miss out!

Learn new current
dance moves!!

Instructors are hip, young and fun!!

Check them out at
www.dancingwithclass.org

Drop checks at the Gurrie office in envelope marked "Fortnightly"

FORTNIGHTLY: WHAT IS IT?

Fortnightly is a PTO sponsored social dance program for 7th graders. Classes are held Friday nights and include learning a variety of traditional dance steps along with current day music and dance moves. Instruction also includes etiquette and social graces.

Fortnightly: When is it?

Classes for 7th graders will be held in the Gurrie Gym on these dates:

- ☐ Friday, October 19, 6:30-8:00pm
- ☐ Friday, November 9, 6:30-8:00pm
- ☐ Friday, November 30, 6:30-8:00pm

Fortnightly: Who are the Instructors?

Classes are taught by professional dance instructors from the *Dancing with Class*. Parents of the participants along with the PTO volunteers will chaperone the classes and serve refreshments. Final dance will be the 7th Grade Graduation Dance where they can show off their dance moves.

Fortnightly: What do I need to know?

- ☐ The program fee is \$30
- ☐ The attached form and your payment must be returned to the Gurrie office.
- ☐ Enrollment is limited and on first come first serve basis.
- ☐ Students who are ineligible for activities/athletics will not be permitted to attend
- ☐ Dress code: Girls wear skirts, dress pants and sandals or dress shoes.
Boys wear collared shirts and nice pants. Gym shoes are allowed for boys.

All participants are expected to be polite and well-behaved. Any student disrupting the class may be asked to leave and parents will be called. Parent volunteers are needed at each session to chaperone and provide refreshments. Please sign up on the attached form.

***If financial concerns would prevent you from attending please contact Ed Hood for assistance at ehood@d105.net or 708-482-2720**

FOR MORE INFORMATION CONTACT

Andrea Crowe at
GurriePTO@gmail.com

SIGN UP TODAY!

Fortnightly Dance Program: 2018-2019



Please return this form with payment to the Gurrie Office. The fee for Fortnightly is \$30.
Please make checks payable to: **Gurrie PTO Fortnightly.**

☐ Male ☐ Female

Student Name: _____

Parent Name: _____

E-mail: _____

Phone Numbers: _____

Classes for 7th graders will be held in the Gurrie Gym on Fridays from 6:30-8:00pm on Friday, October 19, November 9 and November 30.

Parent Volunteers and Chaperones:

Parent/Volunteers are needed to chaperone and serve refreshments to the classes.

☐ I'll chaperone ☐ I'll provide refreshments

Chaperones provide supervision only, dancing not required. You can chaperone as an individual or couple.

Please circle available dates. You will only need to chaperone/provide refreshments for one event:

☐ Friday, October 19 ☐ Friday, November 9 ☐ Friday, November 30

Student Agreement

I understand that I am to be polite and well behaved with regard to the instructors, chaperones, and my fellow students. I understand that I am to wear acceptable attire to dance class. Ladies wear skirts, dress pants or dresses. Gentlemen wear collared shirts, nice pants or slacks. Gym shoes are acceptable for boys.

Parent Agreement

I understand that I am responsible for the transportation of my child to and from class. I am aware my child is expected to behave in a courteous and respectful manner. If these expectations are not met, I understand my child may be dismissed from the program without a refund.

(student signature)

(parent signature)

Questions? Contact Andrea Crowe at gurriePTO@gmail.com or 708-310-1440 or Ed Hood at ehood@d105.net or 482-2720.

Programa de Fortnightly: 2018-19

El tamaño de la clase es limitado, así que no pierde la oportunidad

¡Aprende nuevos movimientos de baile actuales!

¡Los instructores son modernos, jóvenes y divertidos!!

Échales un vistazo a:
www.dancingwithclass.org

Deje los cheques en la oficina de Gurrie en un sobre marcado como "Fortnightly"

FORTNIGHTLY: ¿QUÉ ES?

Fortnightly es un programa de baile social patrocinado por PTO para alumnos de 7º grado. Las clases se llevan a cabo los viernes por la noche e incluyen aprender una variedad de pasos de baile tradicionales junto con la música actual y movimientos de baile. La instrucción también incluye etiqueta y gracias sociales.

Fortnightly: ¿Cuándo es?

Las clases para los estudiantes de 7º grado se llevarán a cabo en el gimnasio Gurrie en estas fechas:

- ☐ Viernes, Octubre 19, 6:30-8:00pm
- ☐ Viernes, Noviembre 9, 6:30-8:00pm
- ☐ Viernes, Noviembre 30, 6:30-8:00pm

Fortnightly: ¿Quiénes son los instructores?

Las clases son impartidas por instructores de baile profesionales de Dancing with Class. Los padres de los participantes junto con los voluntarios de PTO serán los acompañantes de las clases y servirán refrigerios. La danza final será la Danza de Graduación de 7º Grado donde pueden mostrar sus movimientos de baile.

Fortnightly: ¿Qué necesito saber?

- ☐ La tarifa del programa es \$ 30
- ☐ La forma adjunto y su pago deben devolverse a la oficina de Gurrie.
- ☐ La inscripción es limitada y a los primeros que se inscriben.
- ☐ A los estudiantes que no son elegibles para actividades / atletismo no se les permitirá asistir
- ☐ Código de vestimenta: Las niñas usan faldas, pantalones de vestir y sandalias o zapatos de vestir. Los niños usan camisas con cuello y pantalones bonitos. Los zapatos de gimnasio están permitidos para los niños.

Se espera que todos los participantes sean educados y de buen comportamiento. A cualquier estudiante que interrumpa la clase se le puede pedir que se vaya y se llamarán los padres. Se necesitan padres voluntarios en cada sesión para acompañar y proporcionar refrigerios. Por favor, regístrese en La forma adjunto.

* Si preocupaciones financieras le impiden asistir, póngase en contacto con Ed Hood para obtener ayuda en ehood@d105.net o 708-482-2720

PARA MÁS INFORMACIÓN CONTACTO

Andrea Crowe at
GurriePTO@gmail.com

¡REGÍSTRATE HOY!

Programa de Fortnightly: 2018-2019



Por favor devuelva esta forma con el pago a la Oficina de Gurrie. La tarifa para cada quincena es \$ 30.
Haga los cheques a nombre de: **Gurrie PTO Fortnightly**.

☐ Masculino ☐ Hembra

Nombre de estudiante: _____

Nombre de padre: _____

Correo electrónico: _____

Número de teléfono: _____

Las clases para los estudiantes de 7º grado se llevarán a cabo en el gimnasio de Gurrie los viernes de 6:30-8:00pm el Viernes, 19 de Octubre, 9 de Noviembre y 30 de Noviembre.

Padres Voluntarios y Chaperones:

Se necesitan padres / voluntarios para acompañar y servir refrigerios a las clases.

☐ Yo seré el acompañante ☐ Proporcionaré refrescos

Los chaperones brindan supervisión solamente, no se requiere bailar. Puede ser chaperón como individuo o pareja.

Por favor marque las fechas disponibles. Solo necesitarás acompañar / proporcionar refrigerios para un evento:

☐ el Viernes, 19 de Octubre ☐ el Viernes, 9 de Noviembre ☐ el Viernes, 30 de Noviembre

Acuerdo del estudiante

Entiendo que debo ser amable y de buena conducta con respecto a los instructores, chaperones y mis compañeros estudiantes. Entiendo que debo vestir una vestimenta aceptable para la clase de baile. Las mujeres usan faldas, pantalones de vestir o vestidos. Los caballeros usan camisas con cuello, buenos pantalones. Los zapatos de gimnasia son aceptables para los niños.

Acuerdo de los padres

Entiendo que soy responsable del transporte de mi hijo hacia y desde la clase. Soy consciente de que se espera que mi hijo se comporte de manera cortés y respetuosa. Si no se cumplen estas expectativas, entiendo que mi hijo puede ser expulsado del programa sin un reembolso.

(firma de estudiante)

(firma de padre)

¿Preguntas? Póngase en contacto con Andrea Crowe en gurriePTO@gmail.com o 708-310-1440 o Ed Hood en ehood@d105.net o 482-2720.



3909 Prairie Avenue • Brookfield, IL

programs@sokolspirit.org • 708.485.9663

www.sokolspirit.org

Sokol Spirit is a 501(c)3 not-for-profit organization

Affordable group fitness classes for all ages!

**Sokol Classes Begin
September 10-14, 2018**

**Online Registration Available
@ www.SokolSpirit.org**



2018-2019 Sokol Fitness Class Schedule

Classes feature Gymnastics, Sports, Games & More

Tots (Preschool & Kindergarten) - Monday 5:30-6:30 p.m.

Girls (Grades 1-6) - Monday - 6:30-8 p.m.

Junior Girls (Grades 7-12) - Monday & Thursday 8-9 p.m.

Boys (Grades 1-6) - Tuesday 6-7:30 p.m.

Junior Boys (Grades 7-12) - Tuesday 7:30-8:30 p.m. & Thursday 8-9 p.m.

****GIJO Gymnastics Class for Girls & Boys- Thursday 6:30 p.m.-8p.m.****

Classes feature Volleyball, Group Fitness & More

Women's Fitness (Ages 18+) - Monday & Thursday 9-10 p.m.

Men's Fitness (Ages 18+) - Tuesday & Friday 8-9 p.m.

Class features Group Fitness, Calisthenics & More

Senior Co-Ed (Ages 55+) - Tuesday 9:30 - 11:15 a.m.

Specialty Classes

Spin Class (Ages 16+) - Monday 7-8p.m. OR Saturday 8-9a.m.

Wheel Gymnastics (Ages 6+) - Wednesdays 5:30-6:30 p.m.

SAVE THE DATE!

**Registration Night & Open House
Thursday, September 6 @ 7-9 p.m.**

Gurrie PTO

INVITES YOU TO PARTICIPATE IN OUR

WHO:

Gurrie PTO

Students, families and friends:
Ages 5 and up!

WHAT:

Come Support your organization by dropping off your kids at Flying High for supervised gym time while you enjoy a quiet evening at home or a night out!

WHEN:

DATE: Saturday, September 15, 2018

TIME: 7:30 PM-10:30 PM

COST:

Pre-register before 11:59pm Thursday, Sept. 14: \$15

Register after Sept 14 or walk-in: \$20

(All online registration closes at 11:59 PM the night before the event; after that, only walk-ins can be accepted.)

REGISTRATION:

ALL PAYMENTS GO DIRECTLY TO FLYING HIGH!
REGISTER ONLINE TO AVOID LINES AT YOUR EVENT!
SEE INSTRUCTIONS ON BACK OF FLYER FOR
DIRECTIONS ON HOW TO REGISTER. DAY OF EVENT
REGISTRATION IS WALK-IN ONLY!

FLYING HIGH'S PIZZA FUN NIGHTS

Monthly themed Pizza Fun Nights that are open to the public. Select Fridays from 7-10 PM!

Friday, Sept. 7, 2018: Back to School Bash

Friday, Oct. 26, 2018: Halloween Bash

Friday, Nov. 9, 2018: PJ Party

Friday, Dec. 7, 2018: 'Tis the Season-Giving Back with Flying High

Friday, Jan. 4, 2019: Ninja Zone Night

Friday, Feb. 1, 2019: Ice Cream Social

Friday, Mar. 8, 2019: Magic Show Extravaganza

Friday, Apr. 5, 2019: The Wizarding World of Harry Potter

Friday, May 3, 2019: Circus Night

Friday, Jun 14, 2019: Flying High's Annual Birthday Bash!

Friday, July 12, 2019: Descendants Part 3

Friday, Aug. 2, 2019: Beach Party

CONTACT INFO:

Catherine Soofi: catherine.soofi@gmail.com

PARENTS/GUARDIANS MUST COMPLETE ONLINE
WAIVER IN ORDER FOR CHILD TO ATTEND.

Pizza FUNdraiser Event!

"We put the FUN in FUNdraising"

FUN INCLUDES:

- > 60 ft. Inflatable Obstacle Course
 - > Trampolines
 - > Foam Pits
 - > Open Gym
 - > Games
 - > PIZZA and our famous lemonade
- Cosmic Cafe will be open to purchase candy desserts, cosmic snos & much, much more!



FLYING HIGH 25 YEARS
SPORTS & REC CENTER

5400 East Ave. Countryside, IL 60525
www.flyinghighgym.com

P: (708) 352-3099 | F: (708) 589-7320

/FlyingHighGym
 /FlyingHighGym

/FlyingHighGym
 /FlyingHighGym

- Gym clothes (no zippers), no dangling earrings. Socks are optional.
- Parents are not allowed in the gym (for safety and security reasons); parents are more than welcome to stay in the upstairs viewing room during the event.

Please note: Registration for Pizza FUNdraisers are non-refundable.
Parents should contact the school or organization contact for reimbursement.



How do I register my child for a Pizza FUNdraiser Night?

PIZZA FUNdraISERS

Come support your child's favorite Flying High Gym! Enjoy 2 hours of supervised fun. Fun includes both inflatable obstacle courses, trampolines, foam pits, open gym games, pizza, and our delicious homemade! Pre-registration discount is \$15 per child, but pre-registration discounts at \$10 from two days before your event. Register after the discount period for \$20 online or at the door.

Select Event

How Many Will Attend? Ages 5 and up only!

BOOK NOW

1. Visit <http://www.flyinghighgym.com/countryside/entertainment-events> and scroll down to the Pizza FUNdraiser Category.
2. Where it says "Select Event", please select your School's or Organization's Name.
3. Where it asks how many will attend, please select how many kids will be attending. Remember all kids attending have to be 5 years or older!
4. Click the "Book Now" button to be directed to the payment screen. You will receive a receipt via email!

Parent/Guardian must complete online waiver in order for child to attend event



5400 East Ave, Countryside, IL 60525
www.flyinghighgym.com

P: (708) 352-3099 | F: (708) 589-7320

MUSIC

Lyons Township Music Program Schedule



SEPTEMBER

SC Choir Blast-Off

Tuesday, September 25
NC Reber Center 7:30 pm

OCTOBER

Junior High Marching Band Night

Friday, October 5
Bennet Field & SC Fieldhouse 5:30 pm

Jazz Ensemble Concert

Thursday, October 18
SC Performing Arts Center 7:30 pm

North Campus Choir Concert

Tuesday, October 23
NC Reber Center 7:30 pm

8th Grade Orchestra Festival

Tuesday, October 30
NC Reber Center & Rooms 137/140
9:00 am

Fall Orchestra Concert with 8th Graders

Tuesday, October 30
NC Reber Center 7:30 pm



NOVEMBER

Fall Band Concert

Thursday, November 1
NC Reber Center 7:30 pm

Junior High Band Day

Thursday, November 8
NC Reber Center & Rooms 137/140
9:00 am

Festival Band Concert with 8th Graders

Thursday, November 8
NC Reber Center 7:30 pm

ILMEA Dist. 1 Jazz Festival

Saturday, November 10
TBA, All Day

ILMEA Dist. 1 Music Festival

Saturday, November 17
TBA, All Day

DECEMBER

Fanfares and Carols

Tuesday, December 4
St. Cletus Church
6:30 & 8:00 pm

Holiday Madrigal Choir Concert

Tuesday, December 11
Emmanuel Episcopal Church 7:30 pm

Jazz Band Concert

Wednesday, December 12
SC Performing Arts Center 7:30 pm

Guitar Class Recitals

Thursday, December 13
SC Performing Arts Center 7:00 pm



JANUARY

Junior High Choral Festival

Thursday, January 10
SC Fieldhouse 11:00 am

Choral Festival Concert with Junior High Students

Thursday, January 10
SC Fieldhouse 7:00 pm

7th Grade Orchestra Festival

Monday, January 28
NC Reber Center 9:00 am

Band Concert

Thursday, January 31
NC Reber Center 7:30 pm

FEBRUARY

NC Orchestra Honors Concert

Mon & Tues, February 25 & 26
SC Performing Arts Center 7:00 pm

Junior High Jazz Festival

Wednesday, February 27
SC Performing Arts Center & Room G100
9:00 am

Jazz Band Concert

Wednesday, February 27
SC Performing Arts Center 7:30 pm

MARCH

Concert Orchestra Cafe Soli

Monday, March 4
NC Student Cafeteria 7:00 pm

Instrumental Solo & Ensemble Festival

Saturday, March 9
SC B-Wing & G-Wing 7:30 am

Vocal Solo & Ensemble Festival

Wednesday, March 13
SC G-Wing 3:00 pm

Band Solo & Ensemble Festival

Monday, March 18
NC Rooms 271, 275 & 279
3:00 pm

APRIL

Vocal Honors Masterclass

Thursday, April 4
Western Springs Baptist Church 6:00 pm

South Campus Choir Concert

Wednesday, April 10
SC Performing Arts Center 7:30 pm

Band Concert

Thursday, April 11
NC Reber Center 7:30 pm

Wind Ensemble Festival

Friday, April 12
NC Reber Center 8:30 am

North Campus Choir Concert

Tuesday, April 16
NC Reber Center 7:30 pm

Orchestra Concert

Thursday, April 25
NC Reber Center 7:30 pm



MAY

Spring Madrigal Choir Concert

Tuesday, May 7
Western Springs Baptist Church
7:30 pm

Jazz Band Concert

Wednesday, May 8
SC Performing Arts Center
7:30 pm

Spring Festival of Music

Tuesday, May 14
SC Fieldhouse
7:30 pm

Guitar Class Recitals

Tuesday, May 21
SC Performing Arts Center
7:00 pm

2018  2019

Junior Lion Club Card

2018-2019



The Junior Lion Club card entitles one student and his/her parent or guardian to free admittance to most Lyons Township High School athletic events. Consult the LTHS website for sports schedules and event dates. Some exclusions may apply. All students must be accompanied by a parent or guardian. No parent or guardian will be admitted free unless accompanied by a student.



Families can also check the LT website at www.lths.net and click on the **CALENDAR** link for all sports, fine arts and activity schedules. They may call the Athletic Office Hotline at 708-579-6140 ext. LION for the most up to date athletic events.

Please print this flyer, fill out and clip the 2018-2019 Jr. Lion Club Card and present it for free admission. All students must be accompanied by a parent or guardian.

	Junior Lion Club Card 2018-2019
Student Name _____	
School _____	
Lyons Township High School  District 204	



Pillars Community Health

Healing. Caring. Educating.

Join us for a FREE Parent Café

Pillars Community Health's Parent Support Team is offering a series of Parent Cafes at District 105 during the 2018-2019 school year. Cafes are free and open to all Lyons township families. Bring a friend and join us for snacks, conversation, and support. Look for more specific details throughout the school year!

Helping Children Talk about Emotions

September 25, 6:30 pm-7:30 pm

Understanding Challenging Behaviors

November 7, 12:15 pm-1:15pm

Discipline & Routines

January 29, 6:30 pm-7:30 pm

Reducing Parent Stress

March 14, 7 pm-8 pm

Pillars Community Health is an innovative health and social services agency, among the first in the state of Illinois to integrate primary medical and dental care with mental health and social services. The organization is the result of a merger in January 2018 between Pillars and Community Nurse Health Center. Learn more at www.PillarsCommunityHealth.org.



Pillars Community Health

Healing. Caring. Educating.

¡Acompañenos! A Nuestro Café para Padres

El equipo de apoyo para padres de Pillars Community Health ofrece una serie de cafés para padres en el Distrito 105 durante el año escolar 2018-2019. Los cafés son gratis y están abiertos a todas las familias del municipio de Lyons. Trae un amigo y únete a nosotros para la conservación, el apoyo y la comida. ¡Busca detalles más específicos durante el año escolar!

Ayudar a los niños hablar sobre las emociones
25 de septiembre, 6:30 pm-7:30 pm

Comprender los comportamientos difíciles
7 de noviembre, 12:15 pm-1:15pm

Disciplina y Rutinas
29 de enero, 6:30 pm-7:30 pm

Reduciendo el estrés de los padres
14 de marzo, 7 pm-8 pm

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**DETAILS ON THE
BACK**

D105 CARE CLOSET

**ACCEPTING
DONATIONS
ALL YEAR**



In the fall of 2017, Seventh Avenue opened a *Community Closet* because we understand that students cannot be expected to do their best in school until their basic needs are met. The Closet collects and provides families with access to winter hats and gloves/mittens, gently used winter jackets, food, and personal hygiene supplies. This summer we renamed this resource to the **D105 Care Closet** and have expanded access to all D105 families. Please take some time to read the information provided below.

Over the 2017-18 school year, and during this past summer over 45 boxes of food and supplies were provided to D105 families. The *D105 Care Closet* uses no taxpayer dollars. We are hopeful that we can come together as a District to fill the shelves of this closet for the start of the school year. Families are identified by either the school social worker or D105 administrators. Families work closely with the building social worker to identify what supports or resources are needed, and provide access to the D105 Care Closet.

How can YOU help?

You can participate in this important district initiative in several ways:

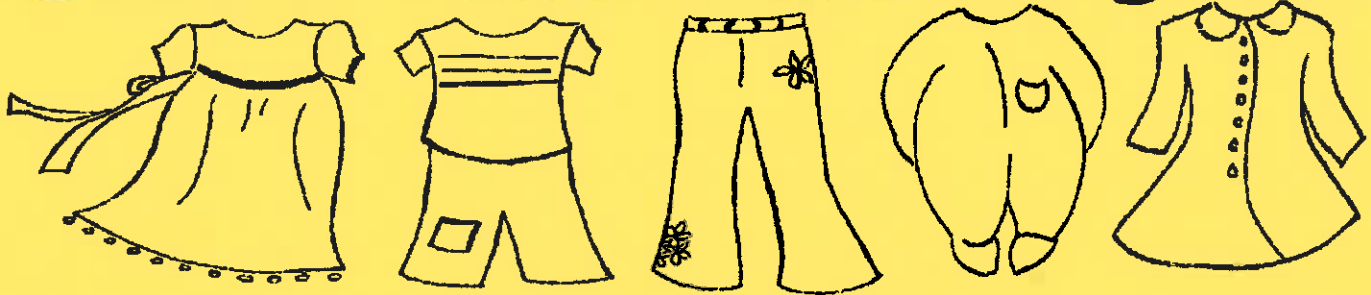
- **Share** information about the *D105 Care Closet* with your friends and family.
- **Donate** the following food items (check expiration dates before donating): fruit cups, pasta/noodles, crackers, granola bars, chicken noodle soup, Spagettios, and cereal.
**We are getting ready to add a freezer to our storage room and will be asking for donations of chicken nuggets, cheese pizza, and Gogurts in the near future.
- **Donate** laundry detergent, shampoo, conditioner, body soap, tooth paste and deodorant.
- **Host** your own winter gear (new hats and gloves/gently used winter coats) drive at your school, church, etc. and donate the clothes to the D105 Care Closet.

Where can I drop off donated items?

You can drop off the items at any District 105 school or office. Please label the boxes or bags "**D105 Cares Closet— Seventh Avenue School**". For more information, contact Charlotte Arcus at carcus@d015.net or at (708) 482 - 2730.



Cossitt School Clothing Sale



Gran Venta de Ropa Usada de Niños

Artículos de
otoño/invierno para
niños, tallas de bebé a 16

- Ropa
- Abrigos
- Zapatos/Botas
- Desfraces
- Equipaje de Bebés
- Bicicletas
- Equipo Deportivo
- Y Mucho Más!

VENTA PUBLICA
sábado, 29 de
septiembre
8am – 1pm

Sólo Adultos
8am-10am

Niños Ingresados con Adultos
10am-1pm

Venta de mitad precio
(en artículos designados)
11am – 1pm!



Ahora se
aceptan
tarjetas de
crédito!!

Ubicación:
Cossitt Elementary School
115 West Cossitt Ave.
La Grange, IL, 60525

Desde I-290, vaya al sur en Mannheim Rd. (que se convierte en LaGrange Rd.). De la esquina de Ogden Ave. y LaGrange Rd: Cuatro cuerdas hacia el sur en LaGrange Rd.; una cuerda al oeste en Cossitt Ave.

¿Quieres vender los artículos de tus hijos y recibir el 60% del dinero?
¿Quieres ir de compras en nuestra pre-venta sólo por ayudar con la venta?

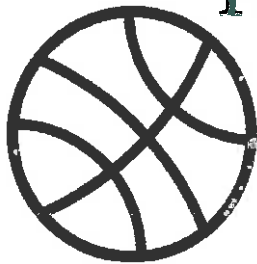
Visite nuestra página de  Facebook y website para obtener más información!

www.cossittptc.org/clothingsale



All Star Sports Fall Classes

Register NOW!
Early Childhood & Youth Athletic Classes



Parent Tot Sports

Ages 2-3

T-ball

Ages 3-6

Soccer

Ages 3-6

Jr. Basketball

Ages 3-6

All Star All Sports

Ages 3-6

Floor Hockey

Ages 5-10

Flag Football

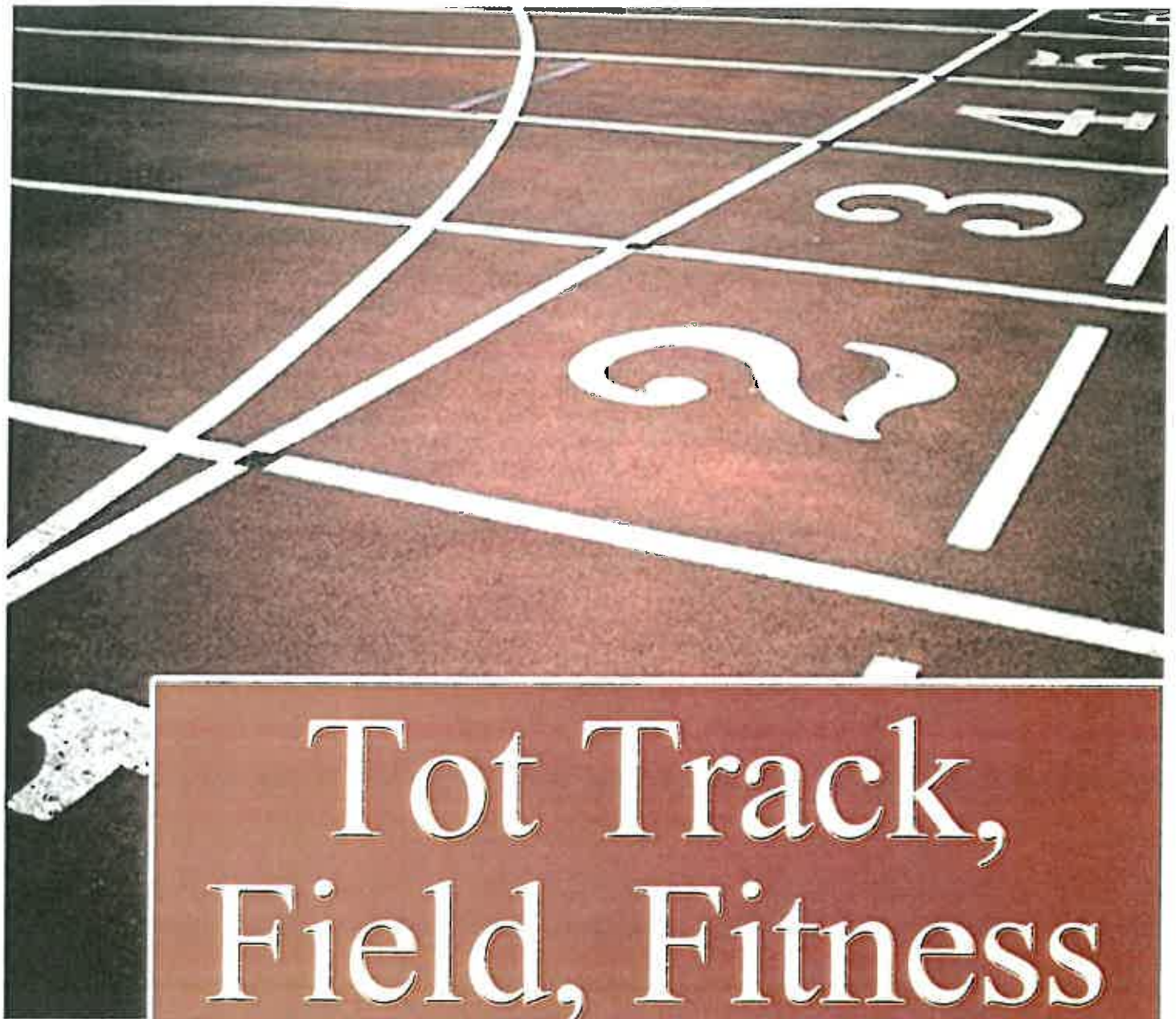
Ages 5-10



For exact class descriptions dates, times, fees and program codes, please
see the Park District's Fall brochure, either by picking one up at the
Recreation Center or by visiting www.pdlg.org!

(708) 352-1762 ◆ 536 East Ave, La Grange ◆ WWW.PDLG.ORG





Tot Track, Field, Fitness

708-352-1762

www.pdlg.org

Monday, September 10th – October 15th



Time 4:00-4:45PM

Age: 3-5 years

Location: Denning Park (4903 S. Gilbert Ave.)

Fee: \$37/R, \$48/NR, \$42/NN

This unique class will combine stretching, movement, & other fitness concepts with running, jumping, throwing & other skills used in track & field.



Thursday, September 13th – October 25th



Family Archery

Learn the parts of an arrow & recurve bow & the basics of using a recurve bow.

Learn fundamental shooting skills.

Bring the family each week for 45 minutes of Archery fun!

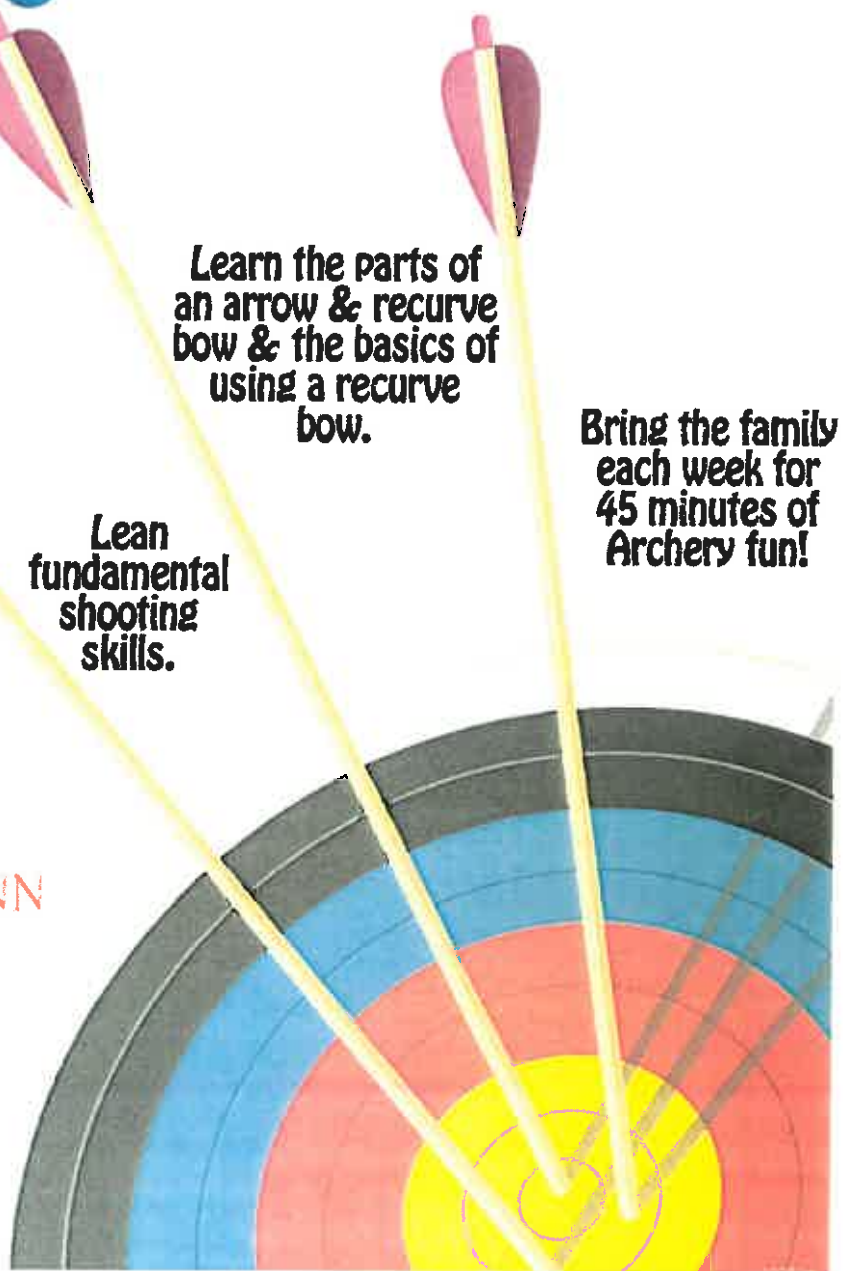
Time: 5:30-6:15PM

Age: 6 + years

Location: Denning Park
(4903 S. Gilbert Ave.)

Fee: \$45/R, \$59/NR, \$51/NN
(per person)

Code: 312513-01



LACROSSE



Pee Wee Lacrosse

Wednesday, September 12th – October 17th

4:00-4:45PM

4-6 Years old

Denning Park (4903 S. Gilbert Ave.)

\$39/R, \$51/NR, \$44/NN

Code 312682-01

Youth Lacrosse

Wednesday, September 12th – October 17th

4:45-5:30PM

7-10 Years old

Denning Park (4903 S. Gilbert Ave.)

\$39/R, \$51/NR, \$44/NN

Code: 312698-01

For exact class descriptions,
times and other District's
Park information, either by
calling (708) 352-1762 or the
Registration Center or by visit-
ing www.pdla.org



CLASSES BEGIN
MONDAY
SEPTEMBER 10th!

PDLG SCHOOL OF DANCE

CREATIVE MOVEMENT CLASSES

These classes are offered every 7 weeks. Parent Observation is held on the last class. These are great classes for new dancers.

Dance With Me – Ages 1-3+Guardian Participation

Tip Toe Toddlers – Ages 2-3

Ballet Basics – Ages 3-6

Intro to Hip Hop – Ages 3-13

Musical Theatre Kickstarter – Ages 6-13

Ballet & Tap Kickstarter – Ages 3-6

Ballet & Jazz Kickstarter – Ages 3-6

Foundations Kickstarter (Ballet/Tap/Jazz) – Ages 6-13

708-352-1762 | 536 East Avenue, La Grange | www.pdlg.org



REGISTER
TODAY!

PDLG MARTIAL ARTS CLASSES

AGES
3 & UP



- JUJITSU MIGHTY MITES
- JUJITSU JUNIORS
- TEEN/ADULT JUJITSU
- PRE-KARATE
- PARENT/CHILD KARATE
- YOUTH/ADULT KARATE
- TAE KWON DO
- ADULT SELF DEFENSE

For a complete class description, dates, times, fees & codes, see page 52-53 (early childhood & youth) or 56 & 57 (adult & teen) in our fall brochure!

536 East Ave, La Grange



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TODAY!

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